

TUE(Therapeutic Use Exemptions) Process for the 8th Asian Soft Tennis Championships

1. What is TUE ?

An athlete may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List (*1), the athlete may be granted a Therapeutic Use Exemption (TUE) which gives the athlete permission to take it.

*1: Prohibited List: The 2016 Prohibited List valid as of January 1,2016 is as per attached. [File](#)

Since the Prohibited List is reviewed every year; please click the following WADA's web-site for the latest Prohibited List.

<https://wada-main-prod.s3.amazonaws.com/resources/files/wada-2016-prohibited-list-en.pdf>

(WADA: World Anti-Doping Agency)

2. How is the TUE process made?

For the application of TUE, the athlete is requested to receive a TUE form from his/her national soft tennis federation/association or to use the attached TUE form (*2).

The athlete's physician fills out the TUE form in English and the athlete sends it back **to his/her national soft tennis federation/association.**

Please note that the application (the filled TUE form) must be sent to the anti-doping office of Asian Soft Tennis Federation so that it arrives at the anti-doping office at least 30days before taking part in an event.

In the case of **the 8th Asian Soft Tennis Championships to be held in Chiba, Japan in November, 2016**, the application must be sent to the anti-doping office of Asian Soft Tennis Federation (c/o Japan Soft Tennis Association, 1-16-2-201, Ooi, Shinagawa-ku, Tokyo 140-0014 Japan) **by October 14 (Friday) in 2016.**

- by e-mail to info@astf.asia.net or
- by fax to +81 3 6417 1664

*2: Application Form: Please use the attached form for the application.

[Application Form](#)

Once the TUE is requested, the panel of experts selected by International Soft Tennis Federation reviews the athlete's request and will grant the TUE if:

- the athlete's health will be significantly impaired if the athlete does not take the substance.
- the substance does not enhance the athlete's performance beyond what brings the athlete back to normal health
- there are no alternative treatments available.

The anti-doping office of Asian Soft Tennis Federation advises through the athlete's national soft tennis federation/association if the athlete can take the requested medication or not. In the case of a denied request, the athlete will be informed of the reasons. The athlete has the right to appeal to the decision.